

LIGHTHOUSE LACROSSE LEAGUE FACILITY DIRECTIONS

ALLEY POND SPORTS CENTER

**79-20 Winchester Blvd.
Queens Village, NY 11427**

Eastern Long Island:

Take the Northern State Parkway (West) to Grand Central Pkwy (West) to Exit 23 (toward Union Tpke/Cross Island Pkwy) follow sign to Union Tpke go to 1st light make a left onto Union Tpke. Go to the 2nd light and make a left turn onto Winchester Blvd. Make a left into the 2nd driveway on your left that is Alley Pond Park. Walk to the bubble.

OR

Take the Long Island Expwy (West) to the Exit 31 toward Cross Island Pkwy (South). To Exit 28B Union Turnpike. Make a quick right turn go to light make a left onto Union Turnpike. Go to the next light make a right onto Winchester Blvd. Make a left into the big parking lot on your left. Walk to the tennis courts in the park.

LONG ISLAND SPORTS COMPLEX

**103 Mill Road
Freeport, NY 11520**

From the North Shore:

Meadowbrook Parkway South. Take the West Merrick Rd exit, EXIT M9 W, toward Freeport. Merge onto East Merrick Rd. Take the 1st Left onto Mill Rd. 103 Mill Rd is on the Right.

* If you are on East Merrick Rd and reach Albany Ave you've gone a little too far.